

A black and white close-up portrait of Anjali Desai, looking slightly to the right with a gentle expression. Her hair is pulled back, and she is wearing a dark top.

DVD Conversation

Guide

ANJALI DESAI:

SEVA CAFÉ: LOVE ALL, SERVE ALL

1. Anjali describes Seva Café as an experiment in the joys of giving. In your life, have you conducted experiments in giving? If not, can you think of a creative way to give?
2. Anjali says that the café belongs to everybody. Can you think of other community initiatives that belong to everyone?
3. Have you been involved in service projects in your community? If so, how has service taught you something you didn't expect?
4. Anjali says that when something good happens in one place it adds to “universal goodness” around the world. Do you feel that humanity is interconnected in this way?
5. People come to Seva Café, not just for an individual meal, but also for a shared experience. Can you think of another everyday situation where you could shift the focus from “me” to “we”?

To learn more:

[HTTP://WWW.SEVACAFE.ORG](http://www.sevacafe.org)